

## BWAISE DISABLED AND ELDERLY ASSOCIATION (BDEA)

(a draft from the constitution)

### **Article 2**     *AIMS AND OBJECTIVES*

- 2.1     The Bwaise Disabled and Elderly Association shall be an educational, charitable and developmental association.
- 2.2     Shall sensitize its members towards unifying their strength for self-sustainability.
- 2.3     Shall sensitize its members towards achieving better living standards.
- 2.4     To mobilize its members so that they know what the future holds for them, realise their fundamental human rights and fit in day-to-day health, social and economic changes of the time
- 2.5     Organize social gathering in order to revitalize members' self-consciousness, self-esteem and identity and promote the slogan and make it reality that "disability is not inability" and actively participate in national affairs like any other person.
- 2.6     To assist the needy member to overcome problems that may affect their membership.
- 2.7     To set up and encourage economic development projects aimed at uplifting and improving the living standards of members.
- 2.8     Initiate adult and dumb literacy education and vocational training to improve the quality of life
- 2.9     Organise seminars for teaching members the causes, prevention and management of certain disabilities so that they can manage their children with disabilities and prevent further occurrences.

The Neurotec Institution



Section of Physiotherapy  
Huddinge, Sweden

**INFORMATION TO PARTICIPANTS  
in the project**

“Experiences of Community-Based Rehabilitation (CBR) in Bwaise, Uganda”

*My name is Mona Wolvén and I am a student of physiotherapy by the Medical University, Karolinska Institutet, in Stockholm, Sweden, Europe. I have a special interest Community-Based Rehabilitation (CBR) – projects like the one COMBRA has initiated here in Bwaise. My reason for visiting Uganda is to learn more about the CBR strategy, in Kampala with surroundings.*

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There are several hundred million people in the world today with permanent disabilities resulting from movement, hearing, seeing or mental impairments. About seventy percent of these people live in developing countries. The World Health Organization (WHO) has developed a strategy called “Community-Based Rehabilitation” (CBR). A CBR program is not meant only to provide care for the disabled and their families but rather, using family and community resources to rehabilitate the person with a disability, to help this person optimise his or her functional and social abilities. In Uganda CBR has been used since 1991 in order to reach as many people with disabilities in the country as possible.

The purpose with this study is to find different perceptions of the CBR project in Bwaise, Uganda. For this reason patients and personnel in the Bwaise CBR project are invited to interviews.

You are hereby kindly asked if you wish to participate in the project “Experiences of Community-Based Rehabilitation (CBR) in Bwaise, Uganda”.  
Your participation consists of taking part in an interview of about 60 minutes. This interview is based on questions concerning how you experience the CBR program you are part of. The interview will be taped on a tape recorder, unless you wish not to be recorded. If needed an interpreter will assist the interview.

**Some details important for you to know:**

- **You are in no way obligated to take part in this study. It is your own free choice.**
- **You can at any time interrupt your participation in the study without giving reasons to this.**
- **You have the full right to not answer questions you do not wish to answer.**
- **The information you give during the interview will only be accessible to the people conducting the interview.**
- **The findings in this study will be presented in such a way that the participants cannot be identified.**

Please, contact my supervisors or me with any questions you may have regarding the study:

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**I have read the information and**

- **I will participate in the study**

Place and date: .....

Your name and address:

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.....  
.....

## **INTERVIEW GUIDE**

Opening request clients:

“As have been explained to you in this sheet of information I am here in Uganda to learn more about Community-Based Rehabilitation, CBR. Therefore I would like you to please tell me what the Bwaise CBR project means to you “

Opening request personnel:

“As have been explained to you in this sheet of information I am here in Uganda to learn more about Community-Based Rehabilitation, CBR. Therefore I would like you to please tell me what the Bwaise CBR project means to your clients “

THEME A)

- Structure of CBR program and referral services

THEME B)

- Physical environment and adaptations

THEME C)

- Attitudes towards people with disabilities and elderly

THEME D)

- Well being

Closing comment:

“I am done with my questions. If there is anything you would like to add to your answers or if you would like to share an experience of your participation in the project you are most welcome to do so now”

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